

10th Grampian Research Conference

“Breaking Traditional Disciplinary Boundaries”



Incorporating

NHS Research Scotland Reproductive Health & Childbirth,

University of Aberdeen Interdisciplinary Institute Events

P&J Live, TECA, East Burn Rd, Aberdeen, AB21 9FX

27th - 28th June 2025

Day 1 - Friday 27th June 2025

08:15 - 09:00		Registration (Tea/Coffee)
09:00 - 10:30	NHS Grampian Charity Research Grant Winners - Lightning Round Chairs Profs Abha Maheshwari and S.S. Vasan	
09:00 - 09:10	Welcome Speech by Mrs Alison Evison, Chair/Board Member of NHS Grampian	
09:10 - 09:20	The effect of coronary artery disease prevention on periodontal health	Ms Sara Sharaf, NHS Grampian
09:20 - 09:30	TKA rehabilitation program informed by cognitive behavioural therapy	Dr Joanna Shim, Robert Gordon University
09:30 - 09:40	Importance of gender differences in secondary prevention and long-term outcomes of cardiovascular diseases in Scotland	Dr Tiberiu Pana, NHS Grampian
09:40 - 09:50	Physiotherapists' views on patient handling, work-related musculoskeletal disorders and the potential role of targeted exercise in preparing for occupational demands	Ms Katharine Johnson, NHS Grampian
09:50 - 10:00	Perceptions of an educational approach to transformative and sustainable practice for health and social care practitioners	Ms Kirstyn Anderson, Robert Gordon University
10:00 - 10:10	Proof of concept: associating the presence of nanoparticles with localised gene expression changes in the human foetal lung	Prof Paul Fowler, University of Aberdeen
10:10 - 10:20	Experience & impact of remote AHP delivery to inform services (Remote AHP)	Dr Lyndsay Alexander, Robert Gordon University
10:20 - 10:30	Closing Remarks Dr Hugh Bishop, Executive Medical Director, NHS Grampian	
10:30 - 11:00	Refreshments, networking, posters & exhibition	
11:00 - 12:30	Innovations in Healthcare - short presentations and networking led by The Interdisciplinary Institute Prof Lesley Anderson, University of Aberdeen	
11:00 - 11:05	Project CAELUS – 'Once for Scotland' Innovation in drone healthcare logistics: a solution to improve equity in healthcare access	Dr Karen Bell, NHS Grampian
11:05 - 11:10	GEMINI study – Grampian's evaluation of Mia in an innovative national breast screening Initiative	Prof Gerald Lip, NHS Grampian
11:10 - 11:15	Home semen analysis test – ready for prime time	Prof Abha Maheshwari, NHS Grampian
11:15 - 11:20	Effectiveness of using AI to re-design cancer pathways: a real-world evaluation	Prof Andy Keen, NHS Grampian
11:20 - 11:25	ASICA+: an AI-enabled app to assist with regular skin checks for melanoma survivors	Dr David Howcroft, University of Aberdeen

11:25 - 11:30	Sixteen and seen: My healthcare Journey and ideas for change	Miss Alisha Graham, Turriff Academy
11:30 - 11:40	Questions and Answers	Discussion Panel
11:40 - 12:15	Networking session – developing ideas for innovations in healthcare	Prof Lesley Anderson, University of Aberdeen
12:15 - 13:15	Lunch	
13:15 - 15:00	Enabling Health & Social Care Research Chair - Prof Nick Fyfe, Robert Gordon University	
13:15 - 13:30	Enabling Research through the Public Benefit and Privacy Panel for Health and Social Care (HSC-PBPP)	Dr George Fernie, Chair of UK Caldicott Guardian
13:30 - 13:45	Navigating the Knowledge Mobilisation Swamp – Integration and Implementation in Science	Dr Vicky Ward, University of St Andrews
13:45 - 14:00	Brain health and dementia: reducing risk and enabling independence	Professor Alan Gow, Heriot-Watt University
14:00 - 14:15	How Co-design Can Activate H&SC Research	Ms Janette Hughes, Digital Health and Care Innovation Centre
14:15 - 14:30	Developing a national approach to AI in health and social care	Ms Isobel Houston, Digital Health and Care for the Scottish Government
14:30 - 14:45	The Widening Access to Trials in Care Homes (WATCH) project is producing best practice guidance for recruitment of care home residents into commercial vaccine trials	Dr Roy Soiza, NHS Grampian
14:45 - 15:00	Questions and Answers	Discussion Panel
15:00 - 15:30	Refreshments, networking, posters & exhibition	
15:30 - 16:40	UK Commercial Research Delivery Centres Chair - Prof Jules Griffin, University of Aberdeen	
15:30 - 15:45	NHS Research Scotland current developments and directions of travel	Mr Euan Dick, Chief Scientist Office
15:45 - 15:55	Scottish life sciences – driving growth for the next 10 years	Mr Mark Cook, Life Sciences Scotland
15:55 - 16:05	NIHR Commercial Research Delivery Centres (CDRCs): Accelerating innovation and improving health	Prof Lorraine Harper, University of Birmingham
16:05 - 16:15	Research inclusion and workforce strategy while addressing the CRDCs' objectives	Prof S.S. Vasan, NHS Grampian
16:15 - 16:25	Priorities for remote and rural Health Boards	Ms Frances Hines, NHS Highland
16:25 - 16:40	Questions and Answers	Discussion Panel
16:40 - 17:00	Free Time	
17:00 - 18:00	Movement Health & Wellbeing (Scottish Ballet Workshop for All)	
18:00 - 18:30	Free Time	
	Close of Day 1	
18:30	Civic Reception	

19:00	Conference Dinner, Prizes and Speeches
	Keynote speakers include : Opening Speech by the Lord Provost of Aberdeen Dr David Cameron Prof Hany Eteiba, President of the Royal College of Physicians and Surgeons of Glasgow Mrs Alison Evison, Chair/Board Member of NHS Grampian Ms Manira Ahmed, Chief Officer, Public Health Scotland Prof Gerald Lip, NHS Grampian and University of Aberdeen Selected NRS fellowship winners

Day 2 - Saturday 28th June 2025

09:00 - 09:15	Welcome to Day 2	
09:15 - 11:00	Reproductive Health & Childbirth Event Chairs - Prof Abha Maheshwari and S.S. Vasan	
09:15 - 09:30	Normalising mode of birth discussions in antenatal care; an interdisciplinary perspective	Dr Mairead Black, University of Aberdeen
09:30 - 09:45	Sexual reproductive health research - An update	Dr Eric Chen, University of Edinburgh
09:45 - 10:00	Co-creating sexual health services: user research and testing	Dr Susan Brechin, NHS Fife
10:00 - 10:15	How to conduct trials in gynaecology	Prof Siladitya Bhattacharya, University of Aberdeen
10:15 - 10:30	Cross-sector collaborative decision making to improve health and well-being of women / families	Ms Manira Ahmad, Chief Officer, Public Health Scotland
10:30 - 10:45	How can the UK Royal Colleges help interdisciplinary working?	Prof Hany Eteiba, President of the Royal College of Physicians and Surgeons of Glasgow
10:45 - 11:00	Different and the same: Black maternal health on both sides of the Atlantic	Dr Gwenetta Curry, University of Edinburgh
11:00 - 11:15	Safety of genomics data	Mr Aldo De Pape, CEO, Genomes.io
11:15 - 11:40	Refreshments, networking, posters & exhibition	
11:40 - 12:40	Addressing Nutritional Inequalities – Led by the Rowett Institute Prof Alexandra Johnstone and Prof Jules Griffin	
12:40 - 12:55	Joining the dots	
12:55 - 13:00	Vote of Thanks and Close	

This conference/event is supported by P&J Live, TECA, East Burn Rd, Aberdeen AB21 9FX

THEME

The overarching theme will be *“Breaking Traditional Disciplinary Boundaries”*

Time has gone where we work in silos and in our own speciality. In order to do research that improves care overall, we need to work across disciplines, across methodology, across groups to generate impactful research mobilise knowledge. This conference brings together experts from different backgrounds so we can all learn together.

Look forward to seeing you all!

Additional Information Regarding Dinner

Venue	<p>P&J Live Civic Reception & Dinner – Hilton Aberdeen TECA The Event Complex Aberdeen East Burn Road Stoneywood Aberdeen, AB21 9FX +44 (0) 1224 984111 reception@hiltonaberdeenteca.com https://maps.app.goo.gl/23zSzdB75Rcv4wU96 Google Maps</p>
Civic Reception	18.30
Dinner	19.00
Dress code	Formal



Getting to P&J Live, TECA

P&J Live is located close to Aberdeen International Airport, six miles northwest of the city centre, and just a few short minutes from the city's new western peripheral route. You can reach the venue using a range of transport options.



On Foot

P&J Live is only 1.5 miles (15-minute walk) from both Aberdeen International Airport and Dyce Train Station. With many paths surrounding the complex.

[More Info →](#)



Bus

[Stagecoach](#) standard services will run through the event complex daily. P&J Live will also be served by the PJ1 by Stagecoach for specific events, and the 727 and 9A/X9 Service runs daily.

[More Info →](#)



Rail

P&J Live is just 1.5 miles from Dyce Train Station which offers regular connections north and south for event visitors travelling by rail.

[More Info →](#)



Road

P&J Live is conveniently situated for motorists, about 6 miles north-west of the city centre and easily reached from the A96 Aberdeen-Inverness road. Getting to P&J Live has never been easier, the southern section of the Aberdeen Western Peripheral Route is now open, and we are positioned just a few minutes from it. Please enter via Dyce Drive or A96 if travelling southbound, as other entry points are bus gates only. You may exit via all three exits, at the A96, Dyce Drive and Wellheads Drive.

[Site Road Map →](#)



Air

P&J Live is just 1.5 miles from Aberdeen International Airport, the UK's most regionally connected airport, operating 22 flights daily from London and over 40 connections across the globe.

[Aberdeen Airport →](#)



Bicycle

Aberdeen is a great destination for cycling and P&J Live is delighted to help more people get around this beautiful City and surrounding areas by bike.

[Cycling Maps →](#)



Sea

Visitors arriving into Aberdeen by boat disembark at the city centre's harbour. Click below for further information on timetables, ferry operators and reservations.

[Northlink Ferries →](#)



Park & Ride

Aberdeen City Council provides three [park and ride facilities](#) within the city and shire. The sites are situated on major routes into the city from Kingswells and Craibstone and will serve P&J Live on their route. Please find more details [here](#).



Taxi

There is a taxis pick-up and drop-off point located next to the Hilton on the P&J Live site, as well as a dedicated taxi rank in operation during major events.



Drop-off & Pick-up

A drop-off and pick-up point is situated beside the Taxi rank, please follow signage. Maximum stay is 20 minutes.



Electric Vehicle Car Charging Points

Electric vehicle car charging points are located in our SubT underground car park. We have 10 in total, these are Rolec fast charging points; charging speeds - 3.6kW (16A) and 7.2kW (32A) and are free to use – standard car parking charges will apply.



P&J Live
East Burn Road,
Stoneywood,
ABERDEEN,
AB21 9FX

Email: info@pandjlive.com
Phone: +44 (0) 1224 824 824

P&J Live is located next to the newly opened AWP, making it easily reached by road from the north and south. 2,200 car parking spaces available on-site. The nearby rail station offers regular connections up and down the region, including into the main station in

Aberdeen, which operates trains throughout Scotland, and across the UK, with sleeper services to London Euston.

Aberdeen operates 64 direct services daily, providing visitors with a range of options in getting to the city.

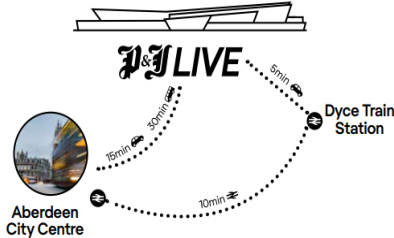
From plane to P&J Live in under 30 minutes, the venue is right next door to Aberdeen International Airport. Benefit from an extremely short commute - just a 4-minute drive or a mere 15 minutes by foot, giving you and your delegates much more time at the conference itself.

A 24-hour bus service from the airport to Aberdeen city centre stops at P&J Live,

making connectivity a breeze.

Aberdeen International Airport is the UK's best regionally connected airport, operating 8-11 flights daily from London and over 40 connections across the globe.

We work closely with a range of travel partners, allowing delegates and visitors to enjoy a range of discounts and incentives when travelling to Aberdeen for an event.



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SAVE THE DATE

XI Grampian Research Conference to be held at Robert Gordon University in June 2026

More details to follow, if you would like to be involved please contact
gram.conf26@nhs.scot

